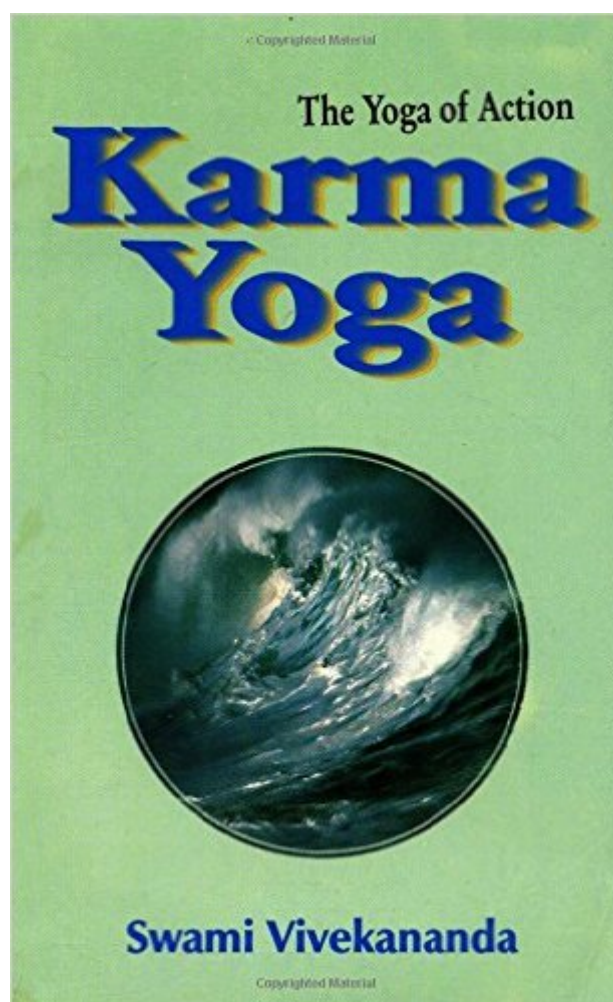


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# Karma Yoga: The Yoga Of Action



## Synopsis

It is said in the practice of Vedanta that we have a right to work, but don't have a right to the results of our actions. We have to work as hard as we can, give the work our best quality effort, then step back and let the results take care of themselves. Or in the practice of yoga, offer the results to God. Work purifies the soul. This concept is a bit different than many of us have been taught in the West, but the book offers an interesting approach that can save us from a lot of misery and bring us closer to God. In fact, you don't even need to believe in God to practice this yoga.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (8 customer reviews)

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## Customer Reviews

I learned so much from this book. It arguably changed my life - for the better. If you are interested in learning more about yoga this is a decent place to start. It is a short text dense with wisdom.

As per Bhagwad gita, Karma Yoga is one path to reach god and become free. People who cannot follow other paths and are busy working and looking after there family. This is good book for them."Every soul is potentially Divine. The goal is to manifest this Divinity with in by controlling nature, external and internal. Do this either by work or worship or psychic control or philosophy- by one or more all of these- and be free." - SwamiVivekananda

What can me a mere mortal say about such mastery. I know Swami Vivekananda says we are already immortal but even so a I have to admit that I have "Miles to Go, before I sleep" to reach that state the Swami is talking about. An awesome book!

This book is amazing! I am really learning what action and work really means, and I am so thankful!  
Thank you for this great gift!

same as bhakti yoga this is another branch of discipline needed to advance and attain to thy H.G.A.!  
93! may all attain!

This one line says it all to me. Goal of life is not happiness or pleasure, instead knowledge and work. If you internalize this it remove all sources unhappiness.. the best book ever for me.

Excellent.

I like this very much which holds very good for the busy life schedule

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